

Foyle Cycling Club Inishowen 100

Sunday 19th August 2018

The main **i100** route (approximately 102 miles) follows the beautiful coastline of the Inishowen peninsula and includes the challenging climbs at Mamore Gap and Kinnegoe Bay.

For cyclists who feel they not experienced or fit enough to take part on the i100 route, we have an alternative **i60** route (approximately 64 miles) through the Donegal countryside.

Entry fee is £25 / €30 if forms are received before 31st July 2018. Your entry fee includes lunch, T-shirt, free car-parking, changing and shower facilities.

After this date the fee is £30 / €35 and the organisers cannot guarantee the availability of T-shirts or certificates so please entry by 31st July 2018.

Registration closes 12th August 2018.

A day license costing £5 / €5 is required by riders not holding a current Cycling Ireland, NICF or CTC license. This can be purchased when signing in for the event at the Templemore Sports Complex.

Hard shell helmets are required for all riders.

The preferred method of application for either Inishowen events is on-line at <https://www.entrycentral.com/inishowen100>

Alternatively the entry form below can be posted to Foyle Cycling Club, c/o 60 Templegrove, L'Derry, Northern Ireland.

Entry forms must be received by the 31st July 2018.

Please send cheques, do not send cash or postal orders. Write your name and address on the back of your cheque and make the cheque payable to Foyle Cycle Club.

We cannot refund entry fees after the application has been processed.

Confirmation of event entry will be sent via email.

Inishowen 100 Postal Entry

Surname	
Forename	
Gender	<input type="checkbox"/> Male <input type="checkbox"/> Female
D.O.B.	
Address	
Address	
Address	
Address	
Postcode	
Daytime Tel No	
Evening Tel No	
Email Address	
Average Training Speed	_____ <input type="checkbox"/> MPH <input type="checkbox"/> KM/H
Course Selection	<input type="checkbox"/> i100 (approx. 102 miles) <input type="checkbox"/> i60 (approx. 64 miles)
T Shirt size	<input type="checkbox"/> S <input type="checkbox"/> M <input type="checkbox"/> L <input type="checkbox"/> XL
Surname	
Forename	
Gender	<input type="checkbox"/> Male <input type="checkbox"/> Female

I agree to abide by the rules of the road and the event.

I understand that I enter the event at my own risk and that no person(s) or organisation(s) will be held responsible for any accident, injury or loss to me, prior to, during, or after the event.

I understand that the organisers reserve the right to alter arrangements and conditions should circumstances require.

To allow the event to finish by the time agreed with the Police authorities and Templemore Sports Complex, I agree to make use of the sweeper van if I am requested by an event marshal.

Signature: _____ Date: _____